










Willamette Valley Medical Center



		Monday	Tuesday	Wednesday	Thursday	Friday
		29-Jan	30-Jan	31-Jan	1-Feb	2-Feb
		MEATLESS				
SAVOR AM		Fried Egg Sandwich		spinach and mushroom frittata		sweet potato hash
	Entrées	mediterranean stuffed acorn squash	Chicken Enchiladas Verde	 grilled chili-cumin rubbed pork tenderloin topped with a corn beurre blanc	beefy mac	Honey Glazed Ham
		bbq chicken quarters	Crispy Pork Carnitas	baked ziti	brown sugar chili glazed salmon	Roast Turkey with Sage Gravy
	Vegetables	roasted broccoli	Roast Carrots	cream spinach w/ roasted fennel	broccoli rice crumb	Green Bean Casserole
		honey lemon thyme glazed carrot	Ranchero Beans	roasted parmesan tomato	stewed cabbage	Sweet and Tangy Carrots
	Starch	buttered noodles	Corn Cakes	blistered corn and pepper quinoa 	Ranch Potatoes	Ceddar Scalloped Potatoes
		roasted sweet potato	Tomatillo Rice	loaded mashed potatoes	rice pilaf	Cornbread Dressing
CHEF'S  TABLE		Chicken Philly		Beef and Broccoli		Omelette Staion
comfort		clam chowder	chicken tortilla	tomato herbed bisque	chicken noodle	italian wedding
INDULGE		blueberry cobbler	Giant Chocolate Chip Cookies	apple crisp	Chocolate Cream Pie	pumpkin Pie

Breakfast: 7:00am-10:00am Lunch: 1:00am - 2:00pm

Menu items are subject to change without notice due to product availability